SuperSupper

HOME COOKING

Cell: 078-950-5929 / 079-241-6052 Email: supersupper@vodamail.co.za
Fax: 086-565-7272 www.supersupper.yolasite.com

SEPTEMBER

2012

	Menu 1	Menu 2
03-09 Mon	Beef Roast, Rice, Gravy, Baked Potatoes Cream Spinach, Butternut	Spaghetti Bolognaise Garlic Bread
04-09 Tues	NEW! Crumbed chicken Breast, Bell pepper rice, Thermidor Sauce Green Beans, Carrots and Potato	Steak Roll
05-09 Wed	NEW! Sweet and Sour Beef, Fried Rice Fried Cabbage, Spring Roll	NEW! Chicken Waffles and chips
06-09 Thurs	NEW! Crusty Beef Bread Salad	NEW! Ham & Mushroom Spaghetti Bake
10-09 Mon	NEW! Chutney Chicken Bake, Rice, Potatoes Sweet Potato, Baby Marrow	Toasted Ham Cheese and tomato
11-09 Tues	NEW! Beef Schnitzel, Rice, Cheese Sauce, Baby Potatoes Sweet Carrots, Broccoli	Chicken A la King
12-09 Wed	NEW! Pork-Lo-Main with Noodles Fried Cabbage, Spring Roll	Mac and cheese with mince
13-09 Thurs	Cottage Pie Peas and Corn	NEW! Vetkoek Burger & Chips
17-09 Mon	Pork Roast, Rice, Gravy, Potatoes Cauliflower with cheese, Curry mayo Beans	Pie, Chips & Gravy Salad
18-09 Tues	NEW! Hawaiian Chicken Stirfry. Fried Rice Salads	NEW! Beef Mince Jaffles
19-09 Wed	Boerewors, Paptert Potato Salad, Beetroot Salad	Chicken Roll
20-09 Thurs	NEW! Chicken Bobotie Pumpkin Fritters, Creamed Spinach	Savory Mince Vetkoek
24-09 Mon	Public Holiday	Public Holiday
25-09 Tues	NEW! Chicken Tikka Fillets, Rice Casserole Salads	Pasta Carbonara
26-09 Wed	NEW! Hake Thermidor, Rice Peas and Corn	Prego Roll
27-09 Thurs	Meatloaf, Rice Gravy, Potatoes Pumpkin, Mixed veg	NEW! Chicken Mayo Jaffles

DESSERT

EVERY THURSDAY
Sticky Cinnamon Pudding with Custard

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	MENU 1	MENU 2	DESSERTS
03-09	☐	☐	
04-09	☐	☐	
05-09	☐	☐	
06-09	☐	☐	☐
10-09	☐	☐	
11-09	☐	☐	
12-09	☐	☐	
13-09	☐	☐	☐
17-09	☐	☐	
18-09	☐	☐	
19-09	☐	☐	
20-09	☐	☐	☐
24-09	Public Holiday	Public Holiday	
25-09	☐	☐	
26-09	☐	☐	
27-09	☐	☐	☐
TOTAL:	☐	☐	☐

ORDER FORM

SEPTEMBER 2012

NAME: _____

ADDRESS: _____

_____

CELL: _____

HOME: _____

OFFICE: _____

FAX: _____

EMAIL: _____

Banking Details:
Acc name: DJM Tromp
Acc No.: 925 953 2360
Branch No: 632 005
Bank: ABSA Bank

☐ x Menu 1 x R 32.00 = ☐

☐ x Menu 2 x R 31.00 = ☐

☐ x DESSERTS x R 12.00 = ☐

TOTAL: ☐